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Amendments to the Abstract:

Please replace the Abstract with the following amended paragraph:

The present invention provides systems Systems and methods for applying or dispensing surgical prep solution ~~are disclosed~~. The applicator system includes a spreader element and a container of surgical prep solution. The spreader element includes a body with an orifice covered by a pad. The orifice is in fluid communication with a passage through an elongated stem connected to the body. The container may be collapsible with only limited recovery. The spreader element may include a receptacle for receiving the container.